



## Debriefing Guide (FFAST)

### Feelings

*Let them vent..*

How do you feel after that?

### Facts

*What was the scenario?*

Let's go through the facts of the case...what was the diagnosis...did you all know what was going on?

### Analysis

*Choose issues before debrief*

Introduce each issue  
(max 3 or 4)

Advocacy with inquiry

I'd like to discuss three issues from the scenario: the use of adrenaline in anaphylaxis, indications for intubation, and leadership styles. Starting with the adrenaline....

I noticed that 1mg adrenaline IV was given to the patient when it appeared to me that they still had a blood pressure. This concerned me because I thought that a half dose IM or a small increment IV might have been more appropriate. What was happening at that moment that resulted in the full cardiac arrest dose being given?

Investigate the frames

The team leader didn't know the correct dose / the team leader assumed it was a cardiac arrest scenario and didn't look at the blood pressure / the team leader asked for a 'dose of adrenaline' and the nurse assumed this meant the cardiac arrest dose..

Teaching as required

OK, so we now know that 100micrograms adrenaline IV might have been a better starting dose / so we've learnt that we need to assess the cardiovascular status before giving a big dose of adrenaline / we've learnt that we need to state clearly how much of a drug we want given.....

### Summary

*Summarize the issues for the group*

### Take-home messages

*Get 3 or 4 from the group*